

Executive Team Report

Summary of key activities, team support, community engagement, and operational improvements

Executive Summary

The Executive Team has focused on strengthening IBF's internal coordination, improving communication resources, supporting workgroups, and introducing practical tools that make community engagement and administration more effective. Alongside day-to-day support, the team has placed emphasis on creating a positive, inclusive, and collaborative culture that supports IBF's continued growth.

Key Achievements

- Strengthened IBF communication through revised documents, updated website content, and more engaging member communications.
- Improved Executive Team collaboration by maintaining an inclusive, supportive, and growth-focused team culture.
- Expanded support for workgroups, task forces, National Representatives, and prospective GIC hosts.
- Enhanced operational systems through the new taskforce calendar, task force reporting, CBC registration improvements, and IBF server integration.
- Increased member engagement through community forums, task force meeting invitations, and broader involvement in IBF developments.

Key Areas of Progress

Communications, Documents, and Website Updates

- Revised a range of documents and reports to improve clarity, consistency, and usefulness for IBF Task Force.
- Updated and revised IBF website pages to support clearer communication and better access to current information.
- Contributed to more engaging newsletters and member communications designed to increase awareness and involvement across IBF activities.

Executive Team Collaboration and Culture

- Worked closely together to ensure every Executive Team member feels comfortable, included, and heard.
- Built a loving and supportive team culture in which members have each other's backs and contribute constructively.
- Maintained a positive focus on IBF's growth, not only in relation to membership but across all areas of activity and impact.

Workgroup and Task Force Support

- Provided ongoing support to working groups and helped workgroup leaders strengthen their work with their teams.
- Introduced a new Taskforce Calendar in collaboration with Mark Eckstein to improve coordination and visibility.
- Introduced new task force reports to support clearer reporting, accountability, and follow-up.
- Invited members to upcoming task force meetings to create more ways for them to engage in IBF's work.

Community Engagement and Member Involvement

- Facilitated the IBF / GIC name update conversation with the community, including running a forum to educate members and gather feedback on possible name changes.
- Supported National Representatives in creating engaging events that promote IBF, breathwork, family IBF Zoom calls, and member participation.
- Worked to include members more actively in IBF developments across different areas of activity, encouraging broader involvement and ownership.

Systems, Applications, and Administration

- Supported the release of the new IBF Breathing App version.
- Introduced a new CBC registration form, with entries stored directly on the IBF server.
- Advanced the integration of the CBC database into the IBF server structure.
- Explored new ways to increase donations to the Breathwork Development Fund, including practical tools such as QR codes.

Additional Support for GIC Development

The Executive Team has also taken on a larger support role for GIC-related activities. This has included supporting possible upcoming GIC hosts with their proposals before the vote in Greece and helping ensure that hosts are better prepared to present their plans clearly and confidently.

Looking Ahead

- Continue strengthening communication channels so members remain informed and invited into IBF's work.
- Maintain support for working groups, task forces, National Representatives, and GIC hosts.
- Build on recent operational improvements to make IBF systems, reporting, and fundraising processes easier to use and sustain.